



Affirmations of Gratitude

Repeat the following invocation out loud and feel it's truth resonate through your entire body:

Dear Universe,

May I now open my heart to imprint my sub-conscious mind. May I trust that this process will call forth the manifestation of my desires and they will appear in perfect Divine Timing. This or something better. And so it is.

Create 5 different affirmations of gratitude for what you wish to manifest in your life as if you already have it. Example: *"I am filled with gratitude for joyfully manifesting my perfect dream home, quickly, easily and with such ease and grace. Thank you Universe!"*

1. _____

2. _____

3. _____

4. _____

5. _____

Thank you, Universe.

Love,

_____. Date: _____

